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GREAT RINGSTEAD NEWS AND VIEWS

RINGSTEAD PARISH COUNCIL - Chairperson, Bill Jacob

Since the last Newsletter the Parish Council has said farewell to our Clerk since 2018, James Howard, who we wish well in his future new role, offering consultancy to parish councils. We are very pleased to have appointed, from a good field, Simon Lee to be our new Clerk. Simon has introduced himself elsewhere in the Newsletter.

We are also recruiting a new councillor to fill the vacancy left by the long-serving Carol Nelson's standing down. Three people have put their names forward to serve, one of whom will be co-opted by secret ballot at the Council meeting on 12 September to serve until the election for a new Council in May 2023.

As a parish council we have continued to monitor planning applications for the village, to oversee highway related matters, and to look after the Playing Field and the various open spaces, as well as steering our Neighbourhood Development Plan, which is reported on elsewhere.

We have received a grant from the Borough Council towards a climbing frame for the Playing Field, to replace the much-loved, but sadly broken, roundabout. All being well the climbing frame should be in place by late November.

I have come to think that Ringstead is very well served by willing volunteers, not only to serve as parish councillors, but to ensure the village runs well in various ways. Bridget Crowfoot and her team ensure that areas around the village sign and Jubilee seat along Docking Road and elsewhere are kept tidy, Debbie Rice and Sue Little regularly inspect the Playing Field, Peter Gyton and Helen and Kalven Stanley have during the drought been regularly watering the trees planted for this year's Jubilee, to ensure they survive, Justin Aldis (whose grandfather was our last school headteacher) and Jim O'Shea look after the SamSign to monitor traffic speeds, Pauline Atkinson and Kate Bulmer and a group of helpers maintain the much valued 'Making Space' initiated by Rachael Dines, the Rector, on the first and third Thursdays of the month, enabling us to meet one another, Mark Brock and Trevor Large and their group maintain the Chalk Pit in the Downs, and Roger Pincott, manages the Village Hall bookings. This is an impressive group of people for a small village. We owe all of them, and any others who I apologise if I have omitted, a great debt of gratitude for helping our community to function well. We owe special thanks to Pauline Atkinson who has been editing these News and Views, who, sadly for us, is moving to France. We wish her and Ian a long and happy future in even warmer climes, after their twenty-seven years in Ringstead.

If you would like to be involved in the team who edit and distribute these News and Views, please have a word with the Clerk or me. If you might be interested we have a role description for the task, so you could consider what is involved.

The Eden Consort

with guests
Chris Dearmer, keyboard
Tessa Dearmer, trombone
Kathryn Tremlett, violin & Carol Page, bassoon.

This recital is in loving memory of Bridget Crofts and will feature both sung and played music chosen with love.



Chosen with love



4 pm, Saturday
24th September 2022
St Andrew's Church
Ringstead, Norfolk
PE36 5JU

The recital will be followed by tea and cake.

Tickets - Adults, £5, students free.
e-mail johnpicrofts@gmail.com,
tel: 01485 525142 or on the door.
All proceeds will go to charity.

Curious about houses in Ringstead?

Why not join a walk to view, from the street, and hear about Ringstead's Listed houses

led by Ian Hinton, Chair of Norfolk Historic Buildings Group?
on Sunday 25 September, meeting at 2.30 at the Village Hall

All welcome
Organised by Ringstead History Group

WINTER Newsletter Issue Deadline by Friday 9th December 2022 to greatringsteadpc@outlook.com

Please note: All the views expressed in this newsletter are of the contributors and not necessarily the views and opinions of the Editorial Team. The team reserve the right to edit articles as appropriate.

BOWLS CLUB –

Roger Pincott

Our season is over, and we came fourth out of five so not a complete disaster. As is very clear the grass did not grow due to the relentless sun. This did affect the roll of the woods with no grass to hold the line. Mind you our opposition managed to find a line.

I am now in the process of getting a tonne of top dressing delivered so we can start the preparation of the rink over the winter. As I write this the club is playing it's championship rounds for the individual cup.

Roger Pincott 01485 525522
rogerpincott@btinternet.com

RINGSTEAD IN BLOOM -

Bridget Crowfoot

The Ringstead in Bloom group will recommence on Tuesday 13th September 10am at the Village sign area.

If you would like to join us please telephone Bridget 01485 525295.

RINGSTEAD CARPET BOWLS Mo Covel

Carpet bowls is due to start on Wednesday 21 September at 2 pm in the village hall.

New members are welcome to come along and have a go!

Sessions are from 2 pm to 4 pm. The cost is £2 which includes tea/coffee and biscuits.

Enquires to Mo Covel on 07788 603957

RINGSTEAD NEIGHBOURHOOD DEVELOPMENT PLAN -

Bill Jacob

Our Neighbourhood Development Plan is slowly moving forward. In addition to the funding we have obtained from Locality to employ Collective Community Planning as our consultants to assist us in, drawing up the Plan, we have secured additional grants to employ AECOM to draft Design Guidance and Codes for future building and development in the village and a Housing Needs Assessment to make the case for the possibility of three social housing units for the village in addition to the two social housing units to be built in Chapel Lane.

We will be holding another Community Consultation to enable everyone with an interest in the village to see the first draft of the Plan, and to comment on it, so that it can be revised and amended in the light of comments and views. This will be on Saturday 12 November from 10.00 am in the Village Hall. We hope as many people as possible will come and express their views.

RINGSTEAD VILAGE HALL - Chairperson, Debbie Rice

As Autumn approaches, the regular clubs resume meeting on a regular basis in the Village Hall. Details of times etc are listed in the 'What's On and Dates for Diary' section of this Newsletter.

I am pleased to report that the old pipework for the Hall has been replaced, and the next project will hopefully be some redecoration where necessary. The Committee of Trustees will be arranging a Race Night to raise funds towards this expense, on Saturday 22nd October (7pm for 7.30pm start) The event has proved very popular in the past, so please come along and join us! And on 17th November there will be a Bingo evening from 7pm - once again, all are welcome!

And finally, I am pleased to welcome 2 new members to our Committee Jane Barnett and Leah Gee.

Please note, the defibrillator is out of action as it is due a software update, but has to be collected and taken away by the company involved, who are unable to do this until 22nd September! A temporary replacement was requested but unfortunately there are none available.

If anyone would like to hire the Hall, please contact our booking Secretary, Mr Roger Pincott on 525522. Ringstead residents are charged £6 per hour or £35 per day, non residents or commercial hiring £8 per hour.

Tel 525505 mobile 07789 902575.
Email debbierice55@btinternet.com



Nathan & Leah welcome you to The General Store. Open everyday Sun-Tues 8-1 & Wed to Sat 8-5.

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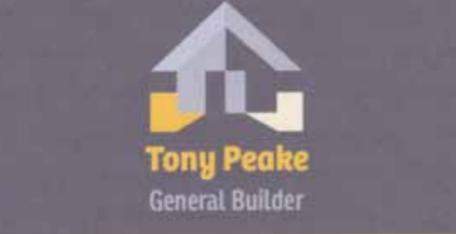
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RINGSTEAD OPEN STUDIOS - Saturday 24TH September to Sunday 2nd October 2022

The village hall in Ringstead will host a group show of four prominent West Norfolk artists Jane Brun, Helga Joergens, Barbara King and David Lendrum, as part of the county wide Norfolk Open Studios event.

Individual yet complimentary, united in their love of bold forms, colour and texture, these artists' collective works will range from figurative to abstract and encompass oil, acrylic, wax crayon and other mediums. Throughout the exhibition all four artists will be at the hall to meet and greet visitors and each will have a 'pop up' studio space in which they will be creating new works.



Jane Brun is a Landscape and Portrait painter. As a young student she studied fine art in and became a student again in 2020 on Martin Kinear's Diploma course at The Norfolk Painting School. She has started to create collections on themes and loves to paint the countryside and has found oil paint to be her perfect medium. "At the moment I am making tracks, a collection of Norfolk paths and lanes where I regularly walk..... my next project will be the British Seashores."

The abstract pictures by Helga Joergens are created spontaneously and developed in the drawing or painting process. She begins by drawing lines, marks or colours to indicate a composition, and as soon as an idea evolves, she follows the direction in which it takes her. The titles express her feelings, thoughts and associations when she views her completed works. She will be drawing and painting during the exhibition.



Barbara King's works are a response to the natural flora in the nearby roadside verges and hedgerows. After time spent studying, photographing and sketching the changing forms and colours of these humble plants, the paintings have been created mostly in acrylic on canvas or paper. The fast-drying properties of the paint and the almost exclusive use of palette knives and other mark making objects enhance their textural, expressive and gestural qualities. She is currently working on a series of sea and land scapes using the same techniques.

David Lendrum's abstract paintings derive from nature. Recently, he has been inspired by the ideas of water, gravity and fluidity, the effects of which he recreates on canvas by using thick and thin acrylic paint which he pours down the canvas. He allows the colours to blend and mix in surprising ways and creates different moods according to the colour ranges employed. Chance effects which evolve during the process add to the spontaneity of the paintings. During the exhibition he will be working with watercolours on a smaller scale



Ringstead Village Hall, High Street, PE36 5JU (next door to The Gin Trap Inn)

Saturday 24TH Sept to Sunday 2nd Oct 2022 10am to 5pm daily

Please be Covid aware for the safety of all

For further information please contact one of the artists at their website shown below:

www.janebrunartist.com www.helgajoergens.co.uk www.barbaraking.co.uk www.davidlendrum.co.uk

GREAT RINGSTEAD PARISH CLERK - An introduction, Simon Lee

My love for the countryside started when I was young, having been brought up in an agricultural college just outside Guildford in Surrey. I met my wife Alison while studying at Writtle Agricultural College in Essex where we married in 1989. My career has been spent managing open spaces, initially in Cheltenham working for the Borough Council, where I became Head of Parks, managing all the town's glorious parks and open spaces. Our three boys, now all in their twenties are all Cheltonians.

In 1999 we relocated to London where I took on the role of Superintendent for the City of London Corporation managing Hampstead Heath. These 800 acres of open space just four miles from Trafalgar Square are some of the most popular in the country. The Heath is not a formal park but a relic of the manorial common lands previously owned by the Lord of the Manor.

In 2014 I became Chief Executive of Wimbledon and Putney Commons south of the river. It was a very different challenge being a small charity with limited funds managing over 1,000 acres of former common land, owned originally by Earl Spencer.

Having had to live on site in both Hampstead and Wimbledon we decided that our family home would be in Norfolk. Initially we had a house in Lynn, but as the boys became more independent we were travelling up to the coast more frequently and in 2013 we moved to Snettisham. In January 2021 I took early retirement, with Alison continuing her love for education, being appointed as a Teaching Assistant in a local primary school just outside Lynn.

I enjoy the ability to pursue recreational activities, including volunteering on some local nature reserves, growing vegetables on our allotment and taking up a passion for bird watching. However, with considerable experience in the public sector I wanted a part time role and am very much looking forward serving the Parish Council and helping to protect and enhance the charm and character of Great Ringstead.

IDEAS WELCOME

There are many challenges across the globe affecting each of us in one way or another in our daily lives. The surge in the cost of energy to light and heat for our homes, the rising cost of food and the extremes of climate change.

The newsletter welcomes your ideas and invites you to share them with fellow villagers via this publication. How to reduce energy consumption whilst keep warm during the colder months, and how to make the most of our budget for food, clothing and travel.

A few initial ideas to get us started. Thermal underwear / socks, the layered look with lightweight clothes to retain the heat, a fleece blanket when sitting down, at the same time remembering to have a walk about every now and then to keep the circulation going.

Ideas please to greatringsteadpc@outlook.com



All ideas are welcome to save energy, keep warm, reduce food bills and transport costs.



Ringstead Making Space is an opportunity for villagers and visitors to meet and chat with tea, coffee and cake. It has proved popular and provides a focal point for different interests.

Everyone is welcome and we hope you will be able to join us soon.

SCRABBLE CLUB - Carol Willan

Would scrabble players or anyone interested in playing scrabble like to join me to make up a scrabble club in the village, weekly, fortnightly or monthly??

If so please contact Carol on 01485 525503 (Evenings best or leave a message and telephone number).

RINGSTEAD ART CLUB - Lois Carrick and Pauline Atkinson

The Ringstead Art Club will meet on Thursday 22 September from 1400 to 1600 at Ringstead Village Hall. Then again in October for a four week workshop block 'An introduction to Oil Painting' led by Stan Peach, Artist and Printmaker.

www.stanpeachart.com. Instagram: @stanpeachart

Below is an indication of what will be covered in the four weeks starting Thursday October 6th 1.30-4pm

1. Material. Making oil paints, intro into 'Sightline' drawing, setting out.
2. Understanding Values. Underpainting. Intro into colour
3. Mixing paint, mediums and application
4. Glazing and techniques. Oiling up.

Further workshops led by a range of artists are planned for November and December to include water colours and portrait painting.

For further details please contact loiscarrick21@hotmail.co.uk or atk_hornbeams@yahoo.co.uk

GO TO TOWN - West Norfolk Community Bus Service

The 21 bus service from Kings Lynn to Hunstanton and return to Kings Lynn via Ringstead offers a friendly and alternative transport option for villagers. The bus stops opposite the Gin Trap to collect and drop off passengers.

Anyone eligible for a bus pass can use the pass on this service.

The full timetable is available on the General Store notice board and on the Village Hall notice board or www.gtt-online.co.uk

SEASONAL RECIPE

Mushroom and Courgette with Basil - Barbara King

If, despite the drought, you have been lucky enough to have a good harvest of courgettes, you may be wondering what else you can do with them by now! This is a tasty and easy vegetarian dish which partners courgettes and mushrooms and flavours them with basil and Dijon mustard.

It is well served on a bed of basmati rice but would work equally with couscous or quinoa. A few chunks of crusty French bread with butter are a good side and if you want to make it more punchy, add a handful of chopped spinach and throw a few pineapple chunks on top.

Ingredients for two

10oz Portobello mushrooms

1-2 courgettes - depending on size

1 handful of chopped spinach - *optional*

1tbsp vegetable oil

1oz butter

100ml mushroom stock (such as Kallo organic mushroom stock cubes)

2 tbsp crème fraiche

2 teaspoons Dijon mustard

2 tbsp shredded fresh basil



Method

1. Slice mushrooms and cut courgettes diagonally in ¼" pieces.
2. Heat oil in a large sauté pan, add butter and when foaming, add the courgettes and fry briskly till beginning to soften and brown.
3. Lift courgettes out of pan with slotted spoon and set aside on kitchen paper.
4. Add mushroom (and spinach if using) and fry over a medium heat till cooked.
5. Stir in the courgettes, mushroom stock, mustard and crème fraiche, mix carefully and simmer for a few minutes until the cream has thickened.
6. Season to taste, stir in the basil.

Serve on a bed of rice/couscous or quinoa and enjoy!!



THE GENERAL STORE - Nathan, Leah, Joshua, Lottie, Dottie (the cat) & Mabel (the pooch).

Well, that's our second summer under our belt and our best yet! During very tough times for local independent businesses, we have continued to trade well but it's certainly not for the faint hearted! Everyday is a price and cost battle as you might expect but we will continue to weather the storm with your continued support, thank you!

We are tackling our food waste issues this autumn and reducing them to zero where possible. To aid all fruit & vegetables come in single units so you really can just buy what you need and use it at its freshest and our butchers quality meat is frozen to keep it in top quality. We are also looking at a "not good enough to sell, but good enough to eat" box which will contain items free to a good home...Keep your eye out in store for developments.

We would love to encourage as many people as possible in the village to join/follow our social media pages if you can. This is our best & quickest communication tool to you all. It can help inform you of late paper deliveries, special offers and events and a way of asking us to keep something aside for you etc...

Facebook is The General Store, Ringstead, Norfolk

Instagram is the_generalstoreringstead

Thank you as always for your kindness, friendship and custom.

RINGSTEAD PENSIONERS CHRISTMAS LUNCH - Elaine Pincott

We are in the process of contacting the Gin Trap Inn to coordinate this year's meal.

If you have never been to the Christmas lunch it is never too early to contact us for this year's meal. Please contact Elaine on 525522, if you are 60 years young for you girls and 65 for the wrinkly boy's, it is free to all. You just need to be a full time resident of the village.

GREAT RINGSTEAD HISTORY GROUP - Secretary, Helen Stanley

In June, the group was fortunate enough to receive a grant of £500 from the Borough Council to enable us to set up a website to share our research and produce a map of the village highlighting some points of interest.

We have found a website designer who understands our lack of experience and have begun to put together a few sample pages of research, images and maps to submit to him to get us on our way. It's a new process for the group, so we're taking it steady, but we hope to have something to show you this year, fingers crossed.

The survey of the North, East and South sides of the graveyard is finished and has proven very interesting, we're hoping to be able to share some of the stories we have uncovered of past Ringstead villagers, when it is safer to walk around the headstones. We are continuing with the research on the West side of the church and have discovered a row of sixteen burials which had become lost over time. More details to follow.

The exhibition we took to SHARP at Sedgeford last month is on display in the Church. It concerns the wills of Ringstead men and women over several centuries and makes fascinating reading. We found copies of the wills at True's Yard in Kings Lynn, hidden away on a shelf amongst folders about smuggling, wreckage, imports and exports and crime and punishment. It's interesting how important a 'payer of sheetes' and a 'flute of geese' used to be, so much so that they are often mentioned as bequests.

Don't forget we have a free guided walk around the village on Sunday 25th September, starting at the Village Hall Car Park at 2.30pm, looking from street at the buildings of interest. Hope you can join us.

AN IMPACT OF THE SECOND WORLD WAR ON RINGSTEAD

Having recently purchased a property in Ringstead that started life in 1842, I was looking forward to understanding more about it's history and ownership from the bundle of papers left for me at completion of the purchase.

It appears that the impact of the Second World War reached Ringstead as shown by the oldest document (dated 28th January 1947) which was passed to me.

It is a Sworn Document by virtue of the Statutory Declarations Act 1835 by Leon Henry Justice Slaughter who was employed between 13 March 1939 until 30 September 1941 as the Managing Clerk to a solicitor John Henry Vine Hall of Messrs Haslam and Sanders, solicitors of 30 Mincing Lane, London EC3 and formerly at 74 Coleman Street, London EC2.

On the 10th May 1941 the offices and safes at Mincing Lane were demolished and completely destroyed by enemy action.

At that time of the destruction the title deeds of the Ringstead Bury Estate (the property of Lieutenant Colonel John Leslie Harvey MBE) were being held for "safe custody" at the solicitors offices.

The document goes on to confirm "I was present when the safe containing the said deeds of the Ringstead Bury Estate was forced open following the destruction of 30 Mincing Lane as aforesaid and it was found that the whole contents of the said safe had been destroyed beyond recognition".

Little did I expect to find that the documented history of a property in Ringstead had been destroyed during the second world war.

WHATS ON / DATES FOR THE DIARY

Parish Council Meetings every second Monday of the month except August

Tuesday

Ringstead in Bloom - Every Tuesday 10 am weather permitting

Wednesday

Carpet Bowls - Village Hall - Starts Wednesday 21 September onwards, 2 pm

Ringstead Making Space - Village Hall - Every first and third Thursday 10 am to 12 noon

Quiz Night - Village Hall Every first Thursday 7 pm to 9 pm

Ringstead Art Group - Village Hall - Thursday 22 September 2 pm to 4 pm
Thursday 6, 13, 20, 27 October 1.30 pm to 4 pm, Thursday 3, 10, 16, 23 & 30 November 2 pm to 4 pm
Thursday 1, 8 December 2 pm to 4 pm

Saturday

Chosen with love recital - Saturday 24 September 4pm St Andrews Church

Guided Walk, Ringstead Grade 2 listed buildings - Saturday 25 September 2.30 pm Village Hall

Race Night - Saturday 22 October 7 pm Village Hall

Community Consultation on Ringstead Neighbourhood Development Plan - Saturday 12 November
10 am Village Hall

Bingo - Saturday 17 November 7 pm Village Hall

Can you help an older person to remain safer in their home

Since 2019 Able Community Care, a Norfolk company, has given out, free, almost 80,000 'DO NOT KNOCK' door stickers to older and disabled people who do not wish to answer the door to strangers.

Able Community Care is a nationwide, live-in care provider which was established in 1980. Originally, we just gave out door stickers to our clients, but the demand has grown and since then we have received requests for the door stickers from around the UK.

If you would like to receive any door stickers to give out to older or disabled people you know, please email to: info@ablecommunitycare.com with how many you would like to receive and an address to send them to. (No addresses will be kept or passed on) www.ablecommunitycare.com



Ringstead Village Quiz Night



1st Thursday in the month in Ringstead Village Hall starting

1st September 2022



7 - 9pm

Teams of 4

£1 per person

Under 18's free



Bring your own drinks

Tea and coffee provided

ALL WELCOME

Reverend Rachael Dines

Thursday 1st September was our very first quiz night in the village hall. It was a great success, despite there being a last minute quizmaster substitute due to Covid. Get well soon Quizmaster!

The questions were stretching.

The quizzers dug deep into their knowledge.

The victorious team were 'May contain nuts' (I'm making no comments!) and they will be setting the questions for next time.

Yes, there will be a next time. Hooray I hear you cry.

Get it in your diaries Thursday 6th October 7-9pm The Village Hall.

**IN AID OF
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RACE NIGHT
SATURDAY 22ND OCTOBER
DOORS OPEN 7PM

Tickets £3

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